



Meet the Participants of the Seventh TOMODACHI J&J Disaster Nursing Training Program

*Japanese alphabetical order



Name: Hikari Inayoshi

Affiliation: University of Hyogo, Department of Nursing

Hometown: Kurume City, Fukuoka Prefecture

When I was a high school student, I participated in a volunteer study abroad program on Cebu Island in the Philippines and saw people living in areas with poor sanitary conditions. I wanted to provide nursing care to people who could not easily receive such medical care, and this is what initially sparked my interest in international nursing. I then learned about the effects of a major earthquake that had occurred in Cebu Island during my study abroad and the situation there. At that time, I realized that I needed to learn disaster nursing in order to become a medical professional who can care for as many people as possible when disasters occur in poor areas. Now I want to become a medical professional who can provide accurate and correct care in any place, including developing countries, developed countries, impoverished areas, and during disasters. I would like to learn about disaster nursing through friendly competition with my fellow participants in this program. I look forward to working with you.



Name: Rina Iwanaga

Affiliation : St. Luke's International University, Graduate School of Nursing

Hometown : Chikugo City, Fukuoka Prefecture

I became interested in disaster nursing about two years ago after participating in disaster volunteer activities in Omuta City, Fukuoka Prefecture. I wanted to participate in this program to learn about disaster countermeasures together with nursing students from all over Japan. In recent years, floods and other disasters have occurred in many parts of Japan. For this reason, I feel the importance of thinking about disaster countermeasures even in normal times, and I would like to learn more about what I,



as a nurse, can do for a disaster countermeasure. I would also like to use the knowledge and experience I have gained from this training program to identify Japan's strengths and problems related to disaster countermeasures and come up with solutions. I would also like to use the knowledge and ideas I have gained to think about the roles I would be expected to play in the event of a disaster, and to build up my ability to respond to disasters.



Name: Saki Uchida

Affiliation: Tohoku University, School of Medicine, School of Health Sciences, Department of Nursing

Hometown: Kumagaya City, Saitama Prefecture

I became strongly interested in disaster nursing after learning about community nursing in times of disaster during my community nursing training at school. I believe that the cooperation of local residents and cooperation among medical professionals and medical institutions are essential to building a community that is resilient to disasters. As a public health nurse, I would like to be involved in community nursing in the future. Through this program, I would like to think about how to build a community that can cope with disasters, where people, medical and welfare institutions, and facilities can cooperate with each other on a broad scale, while involving local residents, and making the best use of this knowledge in my future community nursing activities. In addition, I am currently interested in evacuation support for those in need of assistance, as well as food and nutrition management support in disaster situations for people with food allergies, swallowing disorders, chronic illnesses, and other conditions that prevent them from eating regular disaster food.



Name: Misaki Kagawa

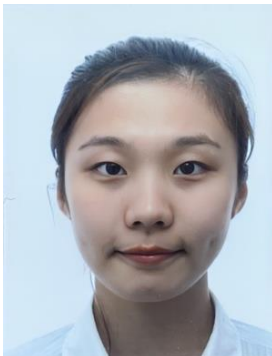
Affiliation: Prefectural University of Hiroshima, Department of Nursing

Hometown: Hiroshima City, Hiroshima Prefecture

I applied for this program because I felt that through fieldwork and exchange of opinions, I could gain experience and tips to



consolidate the knowledge I have gained and become an international midwife. In the world, there are people in need of medical care due to natural disasters and wars. I would like to learn the skills to respond calmly and quickly in such urgent situations, and the ability to solve problems responsibly in an environment with limited material and human resources. I also felt that I would be able to make connections across borders with new like-minded colleagues. In this program, I feel that I will have the opportunity to learn about disaster medical care systems in Japan and abroad, and I would like to think about the diversity of medical care by capturing the differences in needs and values due to the culture of each country. Through this program, I would like to learn and study in a friendly competition with other participants, and by sharing what I learn with those around me, I would like to make as many people interested in disaster nursing as possible. Furthermore, I would like to make efforts to develop the field of disaster nursing.

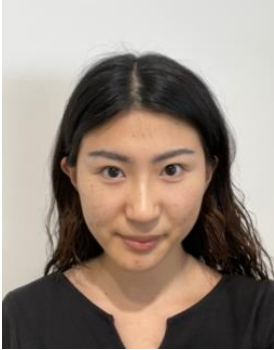


Name: You Sato

Affiliation: Keio University, School of Nursing and Medical Care

Hometown: Virginia, United States

During my stay in the United States, I participated in club activities such as Red Cross and UNICEF at school. Among other things, I became interested in disaster nursing because I wanted to help alleviate the physical and emotional suffering of people during disasters. Through my activities and university lectures, I realized that the needs people seek are different in the rapid response to a disaster and in the months and years after a disaster strikes. Now that I have mastered nursing skills, I thought I could do more, so I decided to apply for TOMODACHI. I am eager to share my thoughts on disaster nursing with others and deepen my learning. I would also like to utilize my strengths, such as what only I can do and my leadership skills to organize a team, in my application for this program.



Name: Yuna Hamaguchi

Affiliation : Takarazuka University, Department of Nursing, Faculty of Nursing

Hometown : Hannan City, Osaka Prefecture

Reports of the Great East Japan Earthquake and the Kumamoto Earthquake made me keenly aware of the tragedy of natural disasters even as an elementary school student. Although I have never actually experienced a disaster, it is said that a huge Nankai Trough earthquake will occur in the future. In Osaka, where I live, it is estimated that up to 130,000 people could be affected. When I thought about what I could do as a nurse and what my role would be in the event of a disaster, I decided to participate in this project. I would also like to use this project as an opportunity to make connections across national borders, including the United States. I would like to do my best to grow as a person and as an aspiring healthcare professional by being stimulated by the various ideas of different people. I hope to share what I have learned from this project with my fellow university students.



Name: Haruka Hisamatsu

Affiliation: Keio University, Faculty of Nursing and Medical Care

Hometown: Shinagawa-ku, Tokyo

I am interested in mental health and public health. I believe that both of these are important elements in the field of disaster nursing. I wanted to participate in this program because I thought it would allow me to learn more about my areas of interest. Through my participation in this program, I would like to learn about the various stresses that disaster victims experience in their daily lives, how they cope with these stresses, and what kind of care can minimize their stress. I would also be happy to exchange ideas with people who are interested in the same field, so that I can integrate various ideas, deepen my learning, and expand my own knowledge. I look forward to working with you.

TOMO DACHI



Name: Mihoko Fujii

Affiliation: Tokyo Medical and Dental University, Department of Health Sciences, Nursing

Hometown: Fukuyama City, Hiroshima Prefecture

One of the main reasons I decided to study nursing was the torrential rain disaster in my hometown that I encountered when I was in high school. Although there was little major damage in my area, there was damage in neighboring areas, and I participated in volunteer activities. What I saw and felt with my own eyes during the volunteer activities, as well as the experience of talking to and shadowing nurses I met there, made me strongly believe that in the future I would like to do something to help in a disaster situation like this, where the balance of supply and demand changes drastically. While studying nursing at university, I have been exposed to various aspects of nursing and my interest has been expanding, but this desire has remained strong and has become my foundation. While integrating my past studies, I would like to further deepen my knowledge of disaster nursing, which is my strongest interest, through this program.



Name: Haruka Funajima

Affiliation: Miyagi University, School of Nursing

Hometown: Tagajo City, Miyagi Prefecture

I experienced the Great East Japan Earthquake when I was in elementary school. My grandparents' house was completely destroyed by the tsunami at that time, and my grandfather, who was living in that muddy house, became ill. The care provided by the medical staff at the evacuation center at that time was very kind, warm, and most reassuring to my grandfather, who was confused and anxious. Seeing the smile on my grandfather's face when he returned home, I decided that I wanted to become a member of the medical staff who could play an active role in times of disaster, and I am currently studying disaster nursing. Because I have experienced being in a disaster myself, I feel that I can understand the anxiety of a disaster and provide dedicated nursing care that is close to the feelings of the victims. I learned about



this program during my first year of college and have always been interested in it and wanted to participate. Now that I have studied disaster nursing throughout my three years of university, I would like to actively deepen my knowledge of disaster nursing through this program, based on my broad knowledge, multifaceted perspective, and practical skills.



Name: Risa Yoshida

Affiliation : Saint Luke's International University, Department of Nursing, School of Nursing

Hometown : Koto-ku, Tokyo

There are two main reasons why I chose this program: First, the curriculum is very comprehensive. Second, I wanted to connect with a diverse group of people. I was attracted by the opportunity to interact with clinically experienced medical professionals and disaster nursing specialists from around the world, as well as with my peers who are learning together and taking the lead in disaster nursing. What is disaster nursing? What does it mean that "medical care may have its limits, but the power of nursing is unlimited" in the field of disaster nursing? I would like to learn those things through this program. In the remaining three years of university, I would like to keep thinking about what I need to do to prepare myself to be a nurse who can be used in disaster situations.